

Little	Medium	Lots
Fold this to make your weight pan		



Cut out these buttons. Stick penny coins underneath to add weight.

- Chocolate and crisps need 3 pennies.
- Milk and cheese, meat and fish need 2 pennies.
- Fruit and veg, bread and pasta need 1 penny.

Fold and glue around your balance beam. Stick on a 2p coin to make a counter-weight.