

Seicoleg – Iefel A

Mae'r adnodd sydd yn cefnogi manyleb Seicoleg CBAC wedi cael ei gynllunio fel gall athrawon ei ddefnyddio ar gyfer addysgu dosbarth cyfan trwy gymorth taflunydd, neu fwrdd gwyn rhyngweithiol. Bydd hefyd yn bosib i ddysgwyr ddefnyddio'r adnoddau ar gyfer hunan astudiaeth ac adolygu.

Awduron: Beth Owen, Nikki Davies, Catrin Roberts

Dylunio: Tim dylunio y wê, CYNNAL

Gellir ei ddefnyddio ar lein neu ei lawr lwytho ar rwydwaith ysgol neu i CD. Bydd yr adnodd ar gael ar wefan GCaD sef <http://www.ngfl-cymru.org.uk/>

Gallwch ddewis o'r 2 uned yma:

Fersiwn Flash – sef amimeiddiadau, nodiadau a gweithgareddau i gynorthwyo athrawon wrth gyflwyno deunyddiau rhyngweithiol yn y dosbarth neu...

Fersiwn testun – gyda'r holl gynnwys mewn ffurf testun.

PY 3 Cymraeg (Fersiwn Flash) | (Fersiwn Testun)
PY 3 English (Flash Version) | (Text Version)
PY 4 Cymraeg (Fersiwn Flash) | (Fersiwn Testun)
PY 4 English (Flash Version) | (Text Version)

Psychology – A Level

This resource supports the WJEC Psychology specification and is designed so that teachers can use it with groups with the use of a data projector and interactive whiteboard. It is also possible for learners to use the resource for self study and revision.

Authors: Beth Owen, Nikki Davies, Catrin Roberts

Design: Web development team, CYNNAL

It may be used on line or downloaded to the school/college network or CD. The resource is available on the NGFL website <http://www.ngfl-cymru.org.uk/>

You may select from the 2 units:

Flash version – animations notes and activities to help teachers present interactive material to their learners within the classroom or...

Text version – with the content seen as text only.

Wedi agor un o'r unedau gallwch wedyn ddewis unedau llai. Mae'r testun a'r deunydd dwyieithog cynhwysfawr yn cael ei gyflwyno mewn ffordd a fydd yn unigryw i Gymru, trwy allu newid iaith ar unrhyw adeg o fewn yr adnodd.



Once the units are selected they are divided into smaller units of content. The content and the comprehensive range of materials are presented in a form that is unique to Wales, where the user may change language at **any stage** within the resource.

Dewis Uned

Dewis Botymau Llywio

Cynnwys Uned









Dewis adran o fewn uned

Choose unit

Select navigation buttons

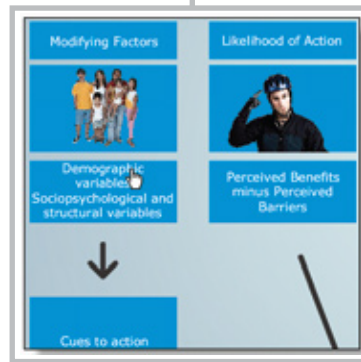
Unit content

Choose within a unit

Dewis gweld testun neu prif bwyntiau		Choose content or bullet points
Allweddeiriau		Keywords
Amlgyfrwng		Multimedia
Cwestiynau		Questions
Cwestiynau arholiad CBAC/Scriptiau Engbreiffiol		WJEC Examination Questions/Sample scripts
Cwis		Quiz
Gweld testun i gyd		See all content
Newid iaith		Change Language

Mae'r adnodd yn cynnig cysylltiadau i safweoedd/deunyddiau perthnasol a gwahaniaethol. Bydd hyn yn arwain y dysgwyr i adeiladu ac ymestyn eu dealltwriaeth ymhellach.

This resource offers links to other sites and relevant differentiated material. It will guide the learner to build and enhance their understanding of the subject area further.



Mae llawer iawn o'r gweithgareddau yn gosod cwestiynau ac yn anog trafodaeth (drwy agor yr adnodd, clicio neu lusgo geiriau neu ddatganiadau i flychau neu i ddechrau animeiddiadau).

Many of the activities pose questions and promote discussion (by opening the resource, clicking or dragging words or statements into boxes or activating animations).

Treatment of addiction

1. Prochaska, DiClemente and who wrote the paper "In Search of How People Change"?
2. These strategies can be used where the individual tries to control his/her behaviour or environment in order to free himself/herself from addiction.
3. What is the term for reducing substance misuse by rewarding people for not taking a substance?

Pan welwch y botwm yn newid o fod yn saeth – mae'n arwydd fod angen llusgo/clicio.



When you see the pointer change from being a pointer – it is an indication that you need to click or drag.

Byddwn yn croesawu eich adborth ar yr adnodd yma ac yn ceisio ei ddiweddarau fel y bo'r angen.

We would welcome your feedback on this resource and aim to provide updates as necessary.